

Hanoi, April 16, 2022

GUIDANCE ON COVID-19 PREVENTION AND CONTROL
UNDER NEW NORMAL CONDITIONS.

Implementing the motto of safe, flexible adaptation, effective control of COVID-19 epidemic; The COVID-19 prevention and control Taskforce of VinUni University requests all employees, teachers, students, and contractors to implement the contents on adjusting the definition of COVID-19 cases, medical measures for COVID-19 cases and close contacts, specifically as follows:

| Notion | Definition | Medical measures |
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| COVID-19 case (F0) | <ul style="list-style-type: none"> - A person tested positive for COVID-19 using PCR, or - A person with clinical symptoms (<i>fever; cough; body ache, fatigue, chills; pain, headache; sore throat; runny nose, stuffy nose; decrease or loss of sense of smell; decrease or loss of taste; nausea; vomiting; diarrhea; shortness of breath</i>) and having a positive COVID-19 test result by rapid testing method, or - A person with epidemiological factors (<i>person who is in close contact with F0, who is present on the same vehicle or the same place, event, workplace, classroom ... with F0 in the infectious period</i>) and tested positive by rapid testing. | <ul style="list-style-type: none"> - Self-declare to local health authorities, and at the same time report to VinUni COVID-19 prevention and control Taskforce – Rapid Response Team via the health declaration link-VinUni for advice and support. - Do isolation and treatment for 07 days at home or at Dormitory as arranged by the Dormitory Management Board. - Do the rapid test at home on the 7th day of isolation with a self-purchased or university provided test kit. Ones in quarantine at Dormitory will be tested by the medical department. <ul style="list-style-type: none"> ▪ If the rapid test result on the 7th day is (+): continue the quarantine until the 10th day and retest. ▪ If the rapid test result on the 7th day is (-): to be determined as fully recovered and go to work, study normally. - F0 asymptomatic, mild symptoms and voluntary to work, study: arrange to work and learn online - F0 who must be treated in the hospital: do the tests according to the doctor's requests |
| Suspected case | <ul style="list-style-type: none"> - A person with epidemiological factors and showing symptoms of fever and cough; or having at least 3 of the following symptoms: fever; cough; body ache, fatigue, chills; pain, headache; sore throat; runny nose, stuffy nose; decrease or loss of sense of smell; decrease or loss of taste buds; nausea; vomiting; diarrhea; shortness of breath. - A person who has a positive rapid test result but no epidemiological factors and no clinical symptoms. | <ul style="list-style-type: none"> - F0 asymptomatic, mild symptoms and voluntary to work, study: arrange to work and learn online - F0 who must be treated in the hospital: do the tests according to the doctor's requests |
| Close contact person (F1) | <ul style="list-style-type: none"> - A person who has direct physical contact (shaking hands, hugging, kissing, direct contact | <p>No isolation required; health self-monitoring within 10 days since the the last exposure to F0.</p> |

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| | <p>with the skin, body ...) with F0 in the infectious period, or</p> <p>A masked person who has contact, communicates within 1 meter or in the same narrow, enclosed space for a period of minimum 15 minutes with F0 in the infectious period, or</p> <p>- A person who does not wear a mask and has close contact, communicates within 1 meter or is in the same narrow, enclosed space with F0 in the infectious period, or</p> <p>- A person who directly cares for, examines, and treats F0 while in the infectious period without using personal protective means.</p> | <p>- Do the rapid self-test on the first day after the exposure to F0 and do the test when having symptoms with a self-purchased or university-provided test kit.</p> <p>- Take measures to prevent infection: wear a mask, regularly wash hands with soap and clean water/ quick hand sanitizer, limit close contact with others, do not share items in living, working, studying; limit access to crowded places.</p> <p>- Declare to VinUni COVID-19 prevention and control taskforce – Rapid Response Team via the health declaration link -VinUni, and notify the local health authorities when:</p> <ul style="list-style-type: none"> ▪ Have symptoms of fever and cough, or ▪ Have 3 symptoms: fever, cough, body ache, fatigue, chills; pain, headache; sore throat; runny nose, stuffy nose; decrease or loss of sense of smell; decrease or loss of taste; nausea; vomiting; diarrhea; shortness of breath, or ▪ Have Positive test result |
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References:

- Resolution No. 38/ND-CP dated March 17, 2022 of the Government promulgating the COVID-19 Prevention and Control Program to harmonize socio-economic development and effective control of COVID-19 pandemic;
- Official Letter No. 1909/BYT-DP dated April 15, 2022 of the Ministry of Health about adjusting the definition of COVID-19 cases and medical measures for COVID-19 cases and close contacts.