





# AHA'S HEARTSAVER

The AHA's Heartsaver courses are designed to prepare trainees to provide first aid, CPR, and use an AED in a safe, timely, and effective manner according to the official guidelines of AHA.



### **Certification:**

• AHA Heartsaver provider certificate with 2-year validity

• If needed, learners could receive CME/CPD certificates which are valid nationwide in Vietnam.



## Who should take this course?

- Healthcare professionals
- Health staff and lifeguards of hotels, resorts and entertainment areas
- Public and private safety/security employees
- Aerobics/fitness/sport instructors
- Pilots and flight attendants
- Teachers and other education institution staff
- Other personel in need (a medical

background is not required).



**Course duration:** 

- HeartSaver First Aid: 1 day
- HeartSaver CPR AED: 1 day
- HeatSaver First Aid CPR AED: 2 days



### Material:

Learners will be delivered official AHA's Heartsaver workbooks





#### **Course content:**

#### 1. HeartSaver First Aid course:

- First Aid Basics
- Medical Emergencies
- Injury Emergencies
- Environmental Emergencies
- Preventing Illness and Injury
- 2. HeartSaver CPR AED course:
- Adult and Child CPR and AED use
- Infant CPR
- Adult, Child and Infant choking
- 3. HeartSaver First Aid CPR AED course:

Includes all of the above



# Language of instruction:

Bilingual in English and Vietnamese with all teaching materials and videos in English.



Number of trainees per course: 18

# How to register?

Online registration through

https://vinuni.edu.vn/sim/registration/

OR contact us at simcenter@vinuni.edu.vn